

Newlands Primary School PE and Sports Policy



THE KEMNAL ACADEMIES TRUST
Headteacher: Mr C Markham
Date Adopted: September 2014
Amended: January 2017
To be reviewed: January 2019

SIGNED BY HEADTEACHER/CHAIR OF GOVERNORS

5/1/2017

DATE.....

NEWLANDS PRIMARY SCHOOL PHYSICAL EDUCATION POLICY

Physical Education Statement and aims

Physical Education develops the pupils' knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. These include dance, gymnastics, swimming, athletics, games and outdoor adventure activities. Physical Education promotes an understanding in pupils of their own and others actions. It involves selecting and applying skills and promotes a positive attitude towards a healthy lifestyle.

The aims of PE are:

- To enable pupils to develop and explore physical skills with increasing control and co-ordination
- To encourage pupils to work and play with others in a range of group situations
- To develop the way pupils perform skills and apply rules
- To teach pupils to recognise and describe how their bodies feel during exercise and the importance of exercise.
- To develop the pupils enjoyment of physical activity through creation and imagination
- To develop an understanding in pupils of how to succeed in a range of physical activities and how to evaluate success.

School Aim

For all of our children to have an opportunity to participate in school sporting activities and to provide a range of sporting activities for all year groups both in school and out of school hours learning.

Develop positive attitudes and good sportsmanship towards team members and respect other team members and officials.

Ensure safe practice at all times.

Teaching strategies

- Commit to employ a range of strategies
- Use of differentiation and inclusion
- Commitment to developing independent learners
- Developing pupil leadership – Via Play Leaders, PE monitors and Sports Leader programmes

The learning Environment

Creating the learning environment:

Playground / field markings

Notice boards and displays

Safety / Organisation of storage and equipment with regular equipment checks and counts

Cleanliness and maintenance of surfaces

Risk assessments

Staffing / Staff Development

PE working family

Physical Education Working party:

Sports Co-ordinator: Mr S Hewlett

The Sports Coach: Mr D Berwick

Collaboration advisor: L. Sparks North Down Primary

Their overall role is:

- Ensure high quality teaching and learning of PE and School Sport throughout the school
- To manage the development and delivery of PE and out-of-school-hours sports programme within the school, complementing overall school development
- Share good practice in PE and sport in School and with other schools.
- Develop and increase sporting links with other local schools.
- Ensure that ALL young people are included in the school's PE and sport programme.

The School Sports coaches support lessons and help co-ordinate all the other PE subjects, including Leadership in PPA cover and PE sessions to all year groups.

As well as this the coaches provide extracurricular opportunities for children to take part in before, during and after school.

The School Sports coach also has the following roles and responsibilities:

Passport Committee member

After School Co-ordinator

PE Co-Ordinator (Support)

Active Play co-ordinator (Support)

L5 AFPE course complete 2017

PE data assessment Year 1-6

Entitlement

Our school provides high quality PE to 100% of children from Reception – Year 6. Matching the current government aims. Opportunities to participate in out-of-school hours sporting activities are also offered to Key stage 1 and 2.

PE is a foundation subject in the National Curriculum. Our School uses comprehensive lesson plans devised by our sports coach using the Newlands Skills pack (devised from the national curriculum targets), the QCA scheme of work, TOPS and sports specific knowledge from courses as guidance. The use of 'Real PE' and competitive games.

Each pack of work comprises of a unit Overview, then an in depth plan of each week and guidance cards where necessary. The plans include assessment for learning as well as in simple format for everyone to follow.

Physical Education is a statutory requirement and the four strands of the National Curriculum are included in each unit of work:

- Acquiring and developing skills
- Selecting and applying skills, tactics and compositional ideas
- Evaluating and improving performance
- Knowledge and understanding of fitness and health

We plan the PE activities so that they build upon prior learning of the pupils. While they have opportunities for pupils of all abilities to develop their skills. Knowledge and understanding in each activity area, there is planned progression built into the scheme of work, so that the pupils are increasingly challenged as they move up through the school.

Awards in Football, Cricket, Swimming and Athletics help to gain a better understanding of a variety of ability levels for each child and from these results it helps us to monitor PE participation as well.

As part of entitlement all children participate in a winter and summer sports day as well as other inter house tournaments.

Active play

Our lunchtime activities are laid out in zoned areas of both key stage 1 and 2 playgrounds. The zones are divided giving a range of safe and appropriate games for the children to take part in as well as free play.

The games in each zone are rotated on a daily basis to keep the children's interest. The equipment is stored in Green boxes located on each playground.

The Foundation Stage

We encourage the physical development of our pupils in both nursery and reception class as an integral part of their work. As the reception class is part of the Foundation Stage of the National Curriculum, we relate the physical development of the pupils to the objectives set out in the early learning goals, which underpin the curriculum planning for children aged three to five years of age. We encourage the pupils to develop confidence and control of the way they move, and the way they handle tools and equipment, and approach PE in a more holistic way.

We give all pupils the opportunity to undertake activities that offer appropriate physical challenge both indoors and outdoors, using a wide range of resources to support specific skills.

Within Reception and Key stage 1 PE lessons we use the NHS BEAM programme which includes basic motor skills, TOPS start which focuses on co-ordination, control, balance, spatial awareness, and basic motors skills, aiming, predicting and estimating. As well developing these skills later on into the school year to learn football skills and Athletic activities for Sports Day are also included within the planning.

Wet Weather Lessons

The timetable is set so that in afternoons of poor weather, PE can still be carried out indoors using the 'Real PE' scheme.

PowerPoint lessons are also used in some cases to explore specific sports and fun work sheets and quizzes support these types of lessons.

Non Participants

If a covering letter is provided for non-participants then they attend the lessons and help with observational feedback and help support the activity, i.e. time keeper etc.

If a pupil is not participating because they have no kit, then a letter is sent home and spare kit is sometimes provided so that they can still take part. Having PE kit is also a part of the staying green programme.

Safe Practice

All staff will be expected to work to accepted codes of safe practice as identified in 'safe practice in PE and school sport (2008) and LEA guidelines.

Any issues regarding safety should be referred to the book which is located in the Sports Coach office area and the staff room.

Earrings – Earrings should not be worn in PE and only the pupil can remove and replace their own earrings. Stud earrings can be taped but again this is the child's responsibility to tape them.

School will not accept any responsibility for any injury caused through the wearing of earrings and parents are informed of this via letter.

Jewellery – No jewellery is to be worn during PE lessons

Hair – Hair longer than shoulder length must be tied back. Any hair bobbles/ clips must be removed if likely to cause an injury.

Footwear – must be suitable and clean for indoors, or changed if going outside when muddy.

Health and safety should be an integral part of the pupil's learning within PE and it is the responsibility of the classroom teacher to include this. This information is clear in the schemes of work and resources provide

Out of School Hours Learning (OSHL)

The school provides OSHL programmes. These include groups before the school day, break and lunchtime clubs as well as after school. The OSHL programme provides pupils with the opportunities to develop their skills in a range of activities whatever their ability levels may be.

The OSHL are run mostly by school staff members or qualified helpers who are fully instructed by a senior member of staff.

The school sends home details of the upcoming clubs at the end of each term and registers will be taken at all OSHL clubs. It is the responsibility of the parents/carers to make suitable arrangements for pupils to return home after OSHL clubs. The school OSHL programme is managed by Shaun Hewlett and Dave Berwick, School Sports Coach.

The school also plays regular fixtures against other local schools. This introduces a competitive element to team games and allows the pupils to put into practice the skills that they have developed. These opportunities foster a sense of team spirit and co-operation amongst pupils. All school achievements are celebrated in our achievement assemblies and on our PE notice boards and in our School Sports magazine.

Those children who are picked to represent the school are picked with relation to the school behaviour policy as well as the school aims and gifted and talented. For further information on the sports offered please see appendix.

Sports Days

Reception

Key Stage 1

Key Stage 2

Winter sports day

TKAT Games

Summer sports day

SSGD

Community links

Our school is an FA Club Link school which recognises our aims to gain strong links with local football clubs.

We have very strong links with the other local TKAT schools especially Northdown Primary school with their L. Sparks their sports coach

Through one of our coaches we also have a link with Thanet Squash Club.

Two members of staff are on the Primary Association of School Sport (Passport) committee that help oversee and organise local events for primary schools in Thanet. All events are also attended by Newlands Primary School. Through the Super Passport we have a link with Margate FC.

Cross curricular activities

Physical Education within the school has obvious links with literacy, Numeracy, science and ICT but has links with all subjects.

Physical Education with this school works alongside and supports the work within personal, social and health education (PSHE) through pupils learning about the benefits of exercise and healthy eating, and how to make informed choices about these things.

Equal opportunities and inclusion

At our school we teach PE to all pupils, whatever their ability. PE forms part of a broad and balanced education to all pupils. Through our PE teaching we provide learning opportunities that enable all pupils to make progress. We do this by setting suitable learning challenges and responding to teach pupils different needs.

In all classes there are pupils of differing abilities. Whilst recognising this fact, we provide suitable learning opportunities for all pupils by matching the challenge of the task to the ability of the pupil. We achieve this through a range of strategies such as:

Space – Making an area bigger makes it easier

Task – Varying the task differently to suit ability

Equipment – different equipment can test different ability e.g. Gymnastics equipment

People – Getting pupils to help each other

PE lessons will be differentiated according to the pupils within class so that everyone can access the lesson, classes will have TA's where support where required.

Gifted and Talented pupils will be challenged within the PE lessons and can be supported by the Gifted and Talented policy within the school. G & T pupils will also be able to be pushed further in OSHL clubs and will be recorded on the G & T register.

Gender Stereotypes will be challenged through PE and all sports will be available to both boys and girls.

Within Reception and Key stage 1 PE lessons we use the NHS BEAM programme which includes basic motor skills and children are assessed within this programme. Children who then have any concerns are recorded and copies of the report given to the School SENCO and Fizzy Co-ordinator.

Equipment & resources

We store lot of large apparatus in the hall and we expect the pupils to help set up and put away equipment where appropriate as part of their work. By doing so, the pupils learn to handle equipment safely, however, it is the responsibility of the person in charge of the lesson to check the apparatus prior to use.

The pupils use the hall, school field and playgrounds for games, and athletic activities and Ramsgate Leisure centre swimming pool for swimming lessons.

The sports co-ordinator is responsible for purchasing and maintaining the PE equipment but it is the responsibility of everyone to report any items that may need replacing or repairing if noticed during their lesson.

All equipment is checked regularly by the sports coach. All large equipment and Gymnastic equipment is checked on an annual basis by external contractors and repaired or replaced as required – this is the responsibility of the senior team.

It is the responsibility of the working party and class teacher to ensure that all pupils are taught to manage and use the apparatus safely and effectively.

Monitoring and Evaluating

The monitoring of the standards of pupils work and of the quality of teaching in PE is the responsibility of the working party. The work of the working party also involves supporting colleagues or leading PE lessons, being informed about the current developments in the subject, providing a strategic lead and direction for the subject in the school.

Shaun Hewlett provides the Headteacher with an annual summary report in which they evaluate the strengths and weaknesses in the subject and indicates areas for further improvement.

Annual Children questionnaires are given to the children and the results from this provides information on how they feel about what the school offers, what they like, what they are not keen on and how things could be improved. From the results they are analysed by the school sports coach and appropriate action plans are put into place.

From the school PE and school sport survey, Kitemark criteria and previous school PE action plan the working party and sports coach review the results and put together the school sport and PE action plan for the following year.

The school PE and Sport participation and awards are recorded by the School sports coach. At Newlands we have a high percentage of participation. Even though we meet most targets we are continually striving to improve and maintain all areas and quality PE and school Sport.

Assessment and Recording

Pupils are assessed against Target Tracker.

Sports coaches assess pupil's work in PE by making assessments as they observe them learning during lessons. They record the progress made by pupils against the learning objectives for their lesson. At the end of a unit of work, teachers make a judgement against the National Curriculum levels of attainment. They record this information and use it to plan the future work of each pupils. These records can help teachers make an annual assessment of the progress of each pupil as part of their report to parents. This can then be passed onto the next teacher of the following year.

Assessment against the National Curriculum levels allows us to consider each pupil's attainment and progress against expected levels. Reports should also include effort, achievement and personal qualities.

Evaluation is also carried out through several assessments across the subject. These are Football awards, Athletics Awards, Cricket Awards and the BEAM assessment. At the end of each of the Awards certificates and badges are given out to those who are successful in completing them.

The BEAM assessments are recorded by the sports coach at the end of each unit and from this reviews are written on all children who have perhaps struggled over the lessons. Each review is then given to the Fizzy Co-ordinator so that those that need to can start extra Fizzy sessions to help them improve. A copy is also given to the school SENCO and class teacher so that their progress can be monitored.

This policy was amended according to our school ethos by Shaun Hewlett (Sports Co-ordinator) and the PE working party.

Amended: January 2017

To be reviewed: January 2019

Signed: _____

Date: _____